



FISAF Switzerland Workshop January 21st & 22nd 2017

Organized for Swiss competitors.
International athletes are welcome.
Trainer is the FISAF Senior Individual Men
Europe & World Champion 2016
Judicael Lesmann



The workshop offers participants the opportunity to expand and deepen their sport aerobic skills and to share experiences with other athletes.

The workshop (in English) is designed for all categories: Minis to Adults FISAF.

The workshop will take place on the weekend, 21st and 22nd of January 2017 at MGH Riedmatt, Alte Wollerauerstrasse 37, in Wollerau SZ statt.

Prices:

45 CHF - 1 day or **75 CHF** - 2 days
for athletes with FISAF SUISSE license 2017

60 CHF - 1 day or **100 CHF** - 2 days
for athletes without FISAF SUISSE license 2017

Hours:

3 hours on Saturday 21st (14:00 – 17:00)

3 hours on Sunday 22nd (14:00 – 17:00)

The FISAF SUISSE license 2017 costs 130 CHF and is to be paid in cash at the beginning of the first training session.

FISAF SUISSE License 2017 (valid from 1 January 2017 to 31 December 2017):

-The license is compulsory for athletes wishing to participate in international FISAF competitions (Opens, European and World Championships). Participants will be entitled to compete at the Swiss championships FISAF 2017 and all national FISAF Opens 2017.

- Athletes selected by FISAF Switzerland will be entitled to attend the FISAF Open Tournament Juniors & Cadets, European and World Championships 2017 (Athletes who have not participated in the SM cannot be selected except in exceptional cases). NB: There is no automatic claim to a selection: purchasing the license and attending the SM are minimum requirements. The final responsibility of the selection lies with the Presidium of FISAF Suisse.

-Participation costs for the 2017 Swiss Championships are included.

Sign Up Now!

In order to maximize benefit, we have increased the number of participants to a max of 20 athletes.

Please register no later than Sunday, 8th January 2017: dany.deren@gmail.com.

You will receive a confirmation mail after your registration.

We look forward to seeing you!